

September 2010

Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:30 Exercise 1 10:30 Bingo 1:30 Popcorn Social 2:30 Food Committee and Resident Council 3:45 Team B Wii	9:30 Exercise 2 10:00 Trip to Krispy Kreme Store in Richmond 2:30 Assembly of God 3:30 "Titanic" & popcorn.	9:30 Exercise 3 10:30 Dunlop Pampering Hour Manicures 1:30 Team A Wii 2:30 Games in Activities☺	9:30 Exercise 4 11:00 Reminisce and Trivia 3:30 Bingo
10:45 Van to Colonial Christian Church and St. Ann's 11:00 Coffee and Chat 2:00 Swift Creek Baptist 3:00 Dominoes 4:00 Scrabble 5	<i>Wear White Today!!!</i> 6 9:30 Exercise 10:30 Bingo 1:30 Team B Wii 2:30 Labor Day Social and Trivia 7:00 Homeward Bound <small>Labor Day</small>	9:30 Exercise 7 10:00 Church of Christ 11:00 Jerry the Harmonica Man 2:30 Homemade Waffles!!!	9:30 Exercise 8 10:30 Bingo 1:30 Team A Wii 2:30 Rubber Duck Race 3:30 Pledge of Allegiance history.	<i>NFL kickoff day! Wear your favorite team colors!</i> 9 9:30 Exercise 10:00 Trip to Yale General Store 2:30 Assembly of God 3:30 Come play with the Computer <small>Rosh Hashanah</small>	9:30 Exercise 10 10:30 Dunlop Pampering Hour Manicures 1:30 Team C Wii 2:30 Belated Baby Shower for Toy!	<i>Do a good deed today</i> 11 9:30 Exercise 11:00 Water Color Painting 3:30 Bingo
10:45 Van to Colonial Christian Church and St. Ann's 11:00 Coffee and Chat 2:00 Dominoes 3:00 Colonial Christian Church 3:30 Words beginning with... <small>Grandparents Day</small> 12	9:30 Exercise 13 10:30 Bingo 1:30 Team A Wii 2:30 Fortune Cookies 3:30 Van Ride around Hopewell	9:30 Exercise 14 10:30 Do you know the Muffin Man?? Muffin Trivia 2:30 Now and Then Dancers in Our Neighborhood	9:30 Exercise 15 10:30 Bingo 1:30 Team C Wii 2:30 Tootsie Roll Day...Let's make a Tootsie Roll Cheesecake☺☺ 3:30 Coffee and Chat	9:30 Exercise 16 10:00 Trip to Battlefield Park 2:30 Assembly of God 6:30 Robert Livesay and Margaret Suyeze	9:30 Exercise 17 10:30 Dunlop Pampering Hour Manicures 1:30 Team B Wii 2:30 Make a Hat! 3:30 Social Hour	9:30 Exercise 18 11:00 Twister Toss Game 3:30 Bingo <small>Yom Kippur</small>
10:45 Van to Colonial Christian Church and St. Ann's 11:00 Coffee and Chat 2:00 Dominoes 3:00 Mount Pleasant Baptist Church 3:30 Scrabble 19	9:30 Exercise 20 10:30 Bingo 1:30 Team C Wii 2:30 Board Games	9:30 Exercise 21 10:00 Church of Christ 11:00 Jerry the Harmonica Man 2:30 Reminiscing with Holly	9:30 Exercise 22 10:30 Bingo 1:30 Team A Wii 2:30 Autumn Art Collages 3:30 "Oh Brother Where Art Thou" Movie <small>Autumn Begins</small>	9:30 Exercise 23 10:00 Ride Around Town 2:30 Assembly of God 3:30 Back to School Memories 4:00 Wayne Terry Lecture and book signing <small>Sukkot</small>	9:30 Exercise 24 10:30 Dunlop Pampering Hour Manicures 1:30 Team B Wii 2:30 Puzzles	9:30 Exercise 25 11:00 Trivia and Conversation 3:30 Bingo
10:45 Van to Colonial Christian Church and St. Ann's 11:00 Coffee and Chat 2:00 Dominoes 3:30 Church of Christ 26	9:30 Exercise 27 10:30 Bingo 1:30 Team A Wii 2:30 Beach sharing with Jenn. 3:30 Afternoon Snack	9:30 Exercise 28 10:30 School Supplies Question and Answer Time 2:30 Chopsticks fun with JEFF!!!	9:30 Exercise 29 10:30 Bingo 1:30 Team B Wii 2:30 "What's in the bag?" Game 3:30 Word Games	8:00 Depart for Virginia Beach 9:30 Exercise 2:30 Assembly of God 3:30 Watercolor Painting 30	All activities are free and open to the public. Activities last a minimum of 30 minutes and any changes will be posted on the daily calendar.	